

ABOUT THE PRE “B” ASSESSMENT COURSE

The Pre “B” course was designed with the Provincial “B” Licence course in mind. It is for those coaches who plan to attain a higher certification level at the Provincial or National level.

This course is four days in duration with a minimum of 8 hours per day.

This is an assessment course but due to the length of the course also gives coaches a better than good idea of what to expect at the Provincial “B” Licence level.

After successfully completing this Pre “B” Course, a 1 year practical component will apply, i.e., a coach may apply to attend a Provincial B Course, one year from their successful completion date. It is important that coaches have the opportunity to put what they have learned to practice and it is through this practical application that coaches should be able to achieve an experienced comfort level so that when they attend the Provincial B Course at a the higher level it is within an environment that is familiar to them.

Throughout this course Coaches will be assessed. They will be given both verbal and written feedback. Verbal will be in the form of group and individual feedback and a final individual written assessment and result will be mailed following the course.

The final written results will either recommend the coach to attend a Provincial “B” Course or it will recommend that the Pre “B” Assessment Course be re-taken.

CRITERIA TO APPLY TO ATTEND THE PRE “B” COURSE

- Completed 30 Hours Community Coaching Course (Soccer Technical)
- Former / Active Canadian Professional Player
Written Approval From The Director Technical, OSA required

Preparing For The Pre “B” Course

Frequently Asked Questions By Coaches:

What are the Evaluation Components that coaches should prepare for?

Organization

Observation and Instruction

General Impression

Personal Performance

What Theoretical Information will be available at the Pre B Course ?

- 1. Role of the Coach**
- 2. An introduction to Energy Systems**
- 3. Setting Up and Organizing a Practice Session**
- 4. Key Factors of Coaching**

Note: *Theory is limited as this is an assessment course, however, the theory components initiated at this course along with the practical time lines (1 year) applied should allow coaches ample time to further research and prepare themselves for the next level.*

Will There Be Theory Exams at the Pre “B” Course?

No, once again this is an assessment course with the focus on the coaches ability to coach in a variety of game related and soccer specific scenarios.

How and When are Coaches given their topic for Assessment?

Upon arrival at the Welcome and Introduction, coaches will receive their session topics from the Instructors. They will receive one topic throughout the course. Their Prep session and Final Session will be on the same topic.

There will be two OSA Course Instructors and they will alternate assessing the participants.

STEPS TO ORGANIZING A PRE “B” COURSE

STEP 1. SET YOUR DATES AND NOTIFY YOUR MEMBERSHIP CLUBS

Once your dates and times have been set it is important that you contact your Clubs let them know when you will be running your clinic and how they should apply. Make sure that you include ample information about the course.

- a) Dates, and start and finish times
- b) Map and clear directions to where facility is
- c) Cost of Course
- d) Contact and Procedure For Registration
- e) The Information on "Preparing and What To Expect When Attending The Pre "B" Assessment

STEP 2. REGISTRATION PROCEDURES

It is important that you make your registration process available to your membership. A registration form on your web site, included in mailings and available in the office. Make sure that the form is very clear and that the pre-requisite requirements to attend are clear.

Put the responsibility on the Coach applying to supply proof of having completed all the necessary pre-requisite requirements.

When Coaches have pre- registered it is important that they come to the course prepared.

- a) Appropriate Attire
- b) Class room materials required i.e., Pen and paper

Ensure your attendance number by giving ample time for coaches to pre-register. It is suggested that you collect registration fees ahead of schedule so that this guarantees they will participate.

This course is limited to 16 Coaches and no exceptions to the rule so it is critical that only serious coaches apply.

STEP 3. FACILITY AND EQUIPMENT

1. Gymnasium - Equivalent to Full Sized Pitch
2. A Class Room available
3. Minimum of 25 balls, inflated
4. Portable Goals - (4 nets) Full size preferable (if possible)
5. Cones and a minimum of 4 sets of bibs (different colors - 10 each set)
6. Players (Check with the OSA Technical Coordinator re: schedule / times)

Note: Players should be at least 14 years of age and/ or at a high level.

CLINIC COSTS

The cost payable to The Ontario Soccer Association is \$2,000.00 and should accompany the application. Please submit payment by Cheque and payable to The Ontario Soccer Association.

The cost to the participant is set by you the District and will depend on your costs incurred along with considerations such as development incentives they may have in place re: membership and development.

COMMUNICATION / CONFIRMATION TO OSA FOR YOUR COURSE

It is important that once you have registered your coaches, you submit the information to the OSA Technical Coordinator. A Course Record of Registration is included in this package. When completing your registration, you can utilize your own forms but when submitting your registration list to the OSA, **it must be on the enclosed OSA Record of Registration Form**. For OSA records and Instructors it is important that we standardize this form for all assessment courses.

The OSA Technical Coordinator and District Host will communicate details of the course and the OSA Technical Coordinator will confirm the appointment of Assessors.

Changes/ Cancellations to your Registration List

You may experience changes / cancellations to your OSA submitted list. Changes can easily be made but you must communicate the changes by phone and follow up by written notice by email or fax to the OSA Technical Coordinator. The list will be adjusted and the Course Conductors notified.

It is up to you to set the parameters regarding cancellations and notifications. You can be flexible if you are prepared. It is suggested that you keep short list of available last minute contacts. (Coaches that you have on stand-by should there be a cancellation)

In the event of this situation, contact the OSA Technical Coordinator so that the Instructors can be prepared.

YOUR CLINIC CHECK LIST

- ✓ Submit your Cheque and application to OSA Coaching
- ✓ Advertise and Register your Coaches well in advance of the clinic
- ✓ Submit your OSA Registration Form to the OSA Technical Coordinator 2 weeks prior to course start date (signed and dated)
- ✓ Make sure your registered coaches know what is expected of them so they come prepared.
- ✓ Make sure you have equipment, portable nets (4), 25 balls (min.), bibs (4 sets of 10)
- ✓ Make sure you, as the host are on site or have a representative available on site
- ✓ Make sure you have emergency contact numbers available as you will have players doing sessions.