

PRE - B ASSESSMENT COURSE OUTLINE

Pre “B” ASSESSMENT COURSE OUTLINE 1 st Day (Saturday)		
9:00 am	Start time - Course Conductors meet with Coaches - Introduction and welcome, Explain purpose of Assessment Course - Review What you as a Conductor will be doing - Review What your Expectations are - Review Assessment Process - Review Allocations of Topics and Address Questions - Course Registration form - Participants fill in neatly	Class Room 1 Hour
10:00 am	ROLE OF THE COACH Communication Organization (set up and progressions) Key Factor Information Demonstrations Coaching Position and Voice	Class Room
12:00 p.m	LUNCH BREAK	1 Hour
1:00 p.m.	STAFF COACHING SESSIONS (All candidates must participate) 4 Topics a) Combined Play c) Flank Responsibilities b) Receiving The Ball d) Short & Long Passing	FIELD
4:00 p.m.	Wrap - Up	

Pre "B" ASSESSMENT COURSE OUTLINE

2nd Day (Sunday)

9:00 am	Coaching Physiology and Psychology Energy Systems (Brief) Review of Saturday's Sessions	Class Room
12:00 p.m	LUNCH BREAK	1 Hour
1:00 p.m.	STAFF COACHING SESSIONS (All candidates must participate) 4 Topics (Defensive) a) Individual Defending c) Functional on Full-Back b) Tracking and Marking d) Defending in Small-sided Games	.
4:00 p.m.	Wrap - Up Allocate Candidate's Sessions	

Pre "B" ASSESSMENT COURSE OUTLINE

3rd Day (Saturday)

9:00 am	Review of Key Factors Importance of Demo's etc, All Coaches show session on Blackboard for review (in pairs) as we have two separate groups working on final day	Classroom
11:00 p.m	LUNCH BREAK	1 Hour
12:00 p.m.	PREP SESSIONS Split Field into two groups 8 Candidates - GROUP (A) 8 Candidates - GROUP (B)	
4:30 p.m.	Wrap - Up	

Pre "B" ASSESSMENT COURSE OUTLINE

4th Day (Sunday)

9:00 am	Review of Course Status Open Discussion Chalk-Talk From Staff and Candidates	Classroom
11:00 p.m	LUNCH BREAK	1 Hour
12:00 p.m.	FINAL SESSIONS Split Field into two groups 8 Candidates - GROUP (A) 8 Candidates - GROUP (B)	
4:30 p.m.	Wrap - Up and Feedback / Assessment Sheets	

Note: Course Conductors must fill out course register form completely. This is the 3 part NCCP form used for clinics. This must be submitted to office.